

How to feed your dog

The secret to your dogs health is in the food you feed him. A fresh, natural diet will increase your dog's metabolism, regulate hormones, and build up his gut flora. Therefore, your dog's body is better able to cope with any disorders.

Use whole grains and fiber in your dog's food to boost his immune system on a long-term basis. You can serve the same kind of meat or vegetable for 3 to 4 days, and then switch if possible.

Basic dog food: Mainly oats, whole grains, barley; for variation: smashed potatoes

Meat (raw or very little cooked): Mainly duck; for variation: rabbit, turkey, lamb, fish, or veal

Raw Vegetable: Garlic, parsley, carrots, watercress, alfalfa sprouts, zucchini, avocado, artichoke, celery - they are great toxin relievers for the body. For better digestion mix the **raw** vegetable in a blender, and add it to your dog's food.

Fruits: Chopped coconut, apple, banana

Dairy: Plain yogurt or cottage cheese to re-colonize the intestinal flora

FOODS TO AVOID FOR DOGS:

Commercial dog foods and dog treats which contain the following ingredients: Meat-by-products, poultry-by-products, meat meal, wheat flour, wheat gluten, corn meal, corn gluten, rice flour, brewers rice, BHA, BHT, Ethoxyquin

Rice, MSG, chicken meat, pasta, milk (because the lactose), bread, cookies, crackers, peanuts, yams, sausage, bacon, corned beef, smoked meat, and sausages onions, tomatoes, mushrooms, salt, ketchup, sugars, sucrose, fructose, corn syrup, fruit juices, honey, chocolate, or maple syrup



Some info here:

<http://www.doggiesparadise.com/dog-skin-disorders.shtml>

<http://www.doggiesparadise.com/pet-medication.shtml>

<http://www.doggiesparadise.com/boost-immune-system.shtml>